





FULL NAME: DATE OF BIRTH:	MEDICATION ALLER	DOD ID # GIES:
chronic conditions. A pharmacist wi allergies, minor aches and pains. Ho *NOTE: If you feel like you ne please report to your provider's c	ll perform a consultation with you and the wever, we will not diagnosis you with any ed to be evaluated by a health care p	provider today, <u>DO NOT FILL OUT THIS FORM</u> . Instead,
(X) Mark Symptom Fever/Aches/Pains Cough Seasonal Allergies Sinus Congestion Chest Congestion Runny Nose Heartburn	Symptom Details	1. Are you a Tricare beneficiary? YES NO 2. Are you currently pregnant? YES NO N/A 3. Are you on flight status/PRP/AUGE? YES NO 4. Do you have any questions about the use of the medications provided to you today? YES NO
I do not wish to see a phy I understand this medical within 90 days. If I need	vician or other health care provider for advice l tion is for minor illnesses or conditions only and medication again during that time, I should be seen to not improve within 48 hours, I should be seen	that I cannot receive these medications from the Self-Care Program again seen by a medical provider
Patient Signature		Date:
SECTIO	ON BELOW TO BE FILLED OU	T BY A PHARMACIST ONLY

Medications	Selection	Pregnancy	Comment
Tylenol (acetaminophen) 325 mg tablets (50)			
Motrin (ibuprofen) 200 mg tablets (24)			
Claritin (loratadine) 10 mg tablets (30)		2	
Zyrtec (cetirizine) 10 mg tablets (30)			.,
Allegra (fexofenadine) 180 mg tablets (30)			
Benadryl (diphenhydramine) 25 mg capsules (24)			
Zaditor (ketotifen) 0.025% ophthalmic eye drops (5 mL)			
Patanol (olopatadine) 0.1% ophthalmic eye drops (5 ml)		8	
Refresh Eye Drops (15 mL bottle)			
Flonase (fluticasone) 50 mcg/nasal spray (120 sprays)		//	
Sudafed (pseudoephedrine) 30 mg tablets (24)		ğ.	
Afrin (oxymetazoline) 0.05% nasal spray (15 mL)		j)	
Saline Nose Spray (44 mL)		<i>i</i>	
Sinus Rinse Kit with 50 packets (1)			,)
Sinus Rinse Refill with 100 packets (1)		//	-0.
Mucinex (guaifenesin) 600 mg tablets (20)	Š.		
Cepacol Extra Strength Lozenges (benzocaine/menthol 15 mg/3.6mg) (16)			
Robatussin DM (dextromethorphan/guaifenesin 10 mg/100 mg/5 mL) 118 mL		2	
Zantac Extra Strength (ranitidine) 150 mg tablet (28)	/	15	100
Prenatal Vitamin tablets (30)			